



Day 1 – Less Is More

Priorities Of Faith

“Look carefully then how you walk, not as unwise but as wise, making the best use of the times, because the days are evil.” (Eph. 5:15, 16, ESV)

Is More Truly More?

Our lives are packed to the brim with so many things we want to pursue. In a society that is madly driven by consumerism and marketing, we are easily lured into believing that the more we have, the happier we are. Because of the tempting advertisements all around us, we wrongly desire to have it all. Sometimes we extend this thinking even to our work for God. We want to serve God, but at the same time, we don't want to miss out on anything else that crosses our path. And so we desperately try to harmonize our desire to serve God with the endless pursuit of more and more things. This leads to a whirlwind of activities. In a restless hurry, we fool ourselves into believing that we can follow God without letting go of everything else that vies for our attention. When we apply this false thinking to our walk with God, we are deceived.

Being Willing to Let Go

We cannot have it all—we cannot embrace both the world and its luring pleasures and the blessings of God. To think so is a fatal mistake. This mentality of consumerism infects our thinking and inflicts disastrous effects on our spiritual lives. We cannot have God on top of everything else, like icing on the cake, without purposefully making room for Him in the crowdedness of our hectic lives. We first must be willing to live with *less* to experience the blessings of things that matter *more*. We must let go of the things that distract us from God's presence and deplete our physical, mental, and spiritual energies. When we try to juggle jam-packed schedules at ever-increasing speeds as our to-do lists grow longer and longer, we quickly find ourselves exhausted physically and deeply depleted spiritually.



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Live With Less

Is the clutter in your life holding you back from fully living for God? Crowded lives leave little room for the Creator of the universe. We must understand that less is more. We cannot experience more spiritual blessings, more prayer time, more of anything in our spiritual life if we only try to add it to an already full plate. Such overcrowding only leads to more emptiness. Instead, we must make an intentional decision to live purposefully with less so that we can enjoy more of what matters to God. Less is more!

Let's pray together.