



Day 3 – The Blessing Of Waiting

Priorities Of Faith

“Be still, and know that I am God” (Psalm 46:10, ESV)

The Biblical Virtue of Slowing Down

In an age of constant movement and noise pollution, nothing is more critical than stillness and quiet. In our hectic modern life, daily urgencies demand our attention. We have become accustomed to a fast-food mentality where we expect things the quickest possible way. We have forgotten how to wait patiently, and this impatience can leak into our spiritual walk with devastating effects. The visual impulses and acoustic distractions of this hyper-connected age make it even harder to slow down and become still. Learning to wait in quietness and focusing our thoughts on divine matters as we talk with God may seem like a strange practice for many people today, but it is a biblical virtue that needs to be revived. Cultivating a quiet space that is not crowded with other urgencies and preserving unclaimed time is crucial to connecting with God. To slow down, to sit still, to breathe, to remind ourselves of God’s tender care, to patiently wait, and not to get nervous if God does not immediately answer our prayers—these are arts that we need to learn afresh.

Benefits of Waiting

Throughout Scripture, we encounter God’s people in an attentive attitude of waiting. Biblical writers often express their waiting expectation with a question: “How long, O Lord?” (Hab. 1:2; Dan. 8:13). There is no hope without waiting (Titus 2:13). There is no endurance without waiting (Rom. 5:3, 4). There is no patience without waiting (Rev. 14:12). There is no longing without waiting (Psalm 42:1). There is no life without waiting. There is no human history without waiting. Waiting is part of human existence.

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Benefits of Waiting (Continued)

While waiting, we often focus on the problems that are unpleasant and hope they will pass away. But waiting does not mean sitting passively, doing nothing, and hoping that an unpleasant situation will somehow disappear. From a biblical perspective, the primary purpose of waiting is to bring to light who I am and who I am becoming while I wait. The experience of waiting confronts me with a significant spiritual decision: In my impatience and doubt do I question God's goodness and omnipotence? Or do I recognize that in waiting, I am confronted with a unique opportunity that will help me to become the person God wishes me to be? Through the experience of waiting, I can become the person I would never have been otherwise.

If we look at it this way, waiting becomes God's means of transformation, to change us according to His will. Thus, waiting is truly an expression of God's goodness and grace. It helps us to become more like God, who waits in great patience, not wanting anyone to be lost who could still be saved.

Let's pray together.